

# THE STARTING LINE

## September 2008



*WALKERS AND RUNNERS AROUND THE COUNTY OF ESSEX*

Info 519-979- 5852  
Or Log on to [www.wrace.org](http://www.wrace.org)  
Email [admin@wrace.org](mailto:admin@wrace.org)

### 2008 Board Members

|                               |                                                        |
|-------------------------------|--------------------------------------------------------|
| President: May Tuck           | <a href="mailto:admin@wrace.org">admin@wrace.org</a>   |
| Vice President: Dan Allaire   | <a href="mailto:dan@wrace.org">dan@wrace.org</a>       |
| Treasurer: Jeff Tuck          | <a href="mailto:admin@wrace.org">admin@wrace.org</a>   |
| Sec./Newsletter: Dianne Blair | <a href="mailto:dblair@wrace.org">dblair@wrace.org</a> |

### Directors:

|                |                                                                |                |                                                      |
|----------------|----------------------------------------------------------------|----------------|------------------------------------------------------|
| Bob Blair      | <a href="mailto:bobblair@wrace.org">bobblair@wrace.org</a>     | Nancy Mayville | <a href="mailto:nancy@wrace.org">nancy@wrace.org</a> |
| David Chaison  | <a href="mailto:dave@wrace.org">dave@wrace.org</a>             | Al Nelman      | <a href="mailto:al@wrace.org">al@wrace.org</a>       |
| Laura Gavin    | <a href="mailto:lauragavin@wrace.org">lauragavin@wrace.org</a> | Cindy Sinasac  | <a href="mailto:cindy@wrace.org">cindy@wrace.org</a> |
| Carol McMurren | <a href="mailto:carol@wrace.org">carol@wrace.org</a>           | Denis Chenard  | <a href="mailto:denis@wrace.org">denis@wrace.org</a> |
| Jeff Smith     | <a href="mailto:jsmith@wrace.org">jsmith@wrace.org</a>         |                |                                                      |

SCHOOLS BACK  
REMEMBER TO WATCH FOR CHILDREN  
CROSSING THE STREETS AND WAITING FOR THE BUSES



**2008 Membership Applications are STILL available on the WEB**

W.R.A.C.E. invites you to Run and Walk for Charities  
We have Two Events Left for the 2008 Season

1. **Sun. October 26<sup>th</sup>** 5 & 10 K  
9:00 A.M. Riverfront Civic Terrace  
(Double Points) Proceeds: W.R.A.C.E. Bursary Run.
2. **Sun. November 16<sup>th</sup>** Jingle Bell 5 & 10K Run 9:00 AM. Ken Knapp Ford Essex Proceeds: Community Living Essex County.

Discounts at WRACE events and retail stores.  
Tortoise and Hare and Running Factory.



WRACE Newsletter mailed to your home.  
Help keep WRACE alive and active.  
[www.wrace.org](http://www.wrace.org)



Monday Sept. 1<sup>st</sup> John Smith Memorial  
5 & 10K 9:00 a.m. Fire Station #1 Goyeau  
Proceeds to:

**John Smith Memorial Burn Unit.**

The John Smith Memorial Burn Unit Event was a great success, on September 1<sup>st</sup>, 2008. This was the 30<sup>th</sup> Anniversary of this WRACE. There were 174 walkers and runners who participated in the event, on a beautiful Labour Day. All Participants received a key chain honouring the Day. The winners in each category won a medal, and a good time was had by all. Thanks go out to the Organizers for a wonderful day.



**OCT:** Ian Walker, Dan Gale, Amelia Stickles, Cindy Sinasac, Susan Iobias, Wendy Koop, Vicki Fairhurst, Cindy Drouillard, Chantelle Pickel, Shannon Chauvin, Venessa Amlin-Harris, Ivy Green, Bruce Moncur.

**Nov.:** Virginia Renaud, Kathleen Taverner, Jack Green, Andy Comber, Sandy Neudorf, Leroy Vermey, Elwood Defour, Carol McMurren, Rob Tranter, Mary lauren Morrissey, Jason Comber, May Tuck.

**Dec.:** Robert Comber, Ed King, Brian Furlong, Judy Cooper, Kirk McCarthy, Larry Glassford, Elizabeth Strachan, Reid McMurren, Cathy Chauvin, Chris Bailey, Dave Chiasson, Daniel Allaire, Jamie Hatt, Bonnie McCutcheon, Daniel Ligori.

**Comments and Suggestions are always! Welcome**

Please feel free to forward any ideas and suggestions for our upcoming newsletters “The Starting Line” Newsletter.  
Send your email to [admin@wrace.org](mailto:admin@wrace.org)

Our sympathies go out to Cindy Sinasac, and family, one of our newest Board Members on the loss of her father.

And

Sympathy to Joe Fisher and his family on the loss of his grandmother Lillian Gage 87  
July 19<sup>th</sup> 2008



**All items available in Men’s and Women’s sizes S, M, L, XL.**

**“All taxes included in above prices”**

**WRACE Clothing Now Available**

Insport 5K Podium Jacket Black Includes WRACE Logo embroidered on left side and name embroidered on left side. \$65.00

Insport Short sleeve technical shirt includes WRACE logo print available in red, black or white. \$25.00

Insport Long sleeve technical shirt includes WRACE logo print available in red, black or white. \$30.00

Insport 5K Black shorts includes WRACE logo print. \$20.00

Insport 5K Podium Pants Black Includes embroidered thigh. \$50.00

Brooks MVP Black short includes WRACE logo print. \$30.00



**Call Nancy Mayville** at 519-966-6449 to place your order today. First order to be sent in at the end of September. All orders to be paid in full when placing order.

This is a great Christmas gift for the runners in your life. Order Now!!!!!!!!!!



### Halloween Hoot

Come Join Us for our Annual  
Halloween Hoot  
Sun. October 26<sup>th</sup> 5 & 10 K 9:00 A.M.  
Riverfront Civic Terrace  
(Double Points)  
Proceeds to:  
W.R.A.C.E. Bursary Run

This Year we have a special event a **1 mile run**, all participants are welcome.

Prizes will be awarded to the person with the best costume.

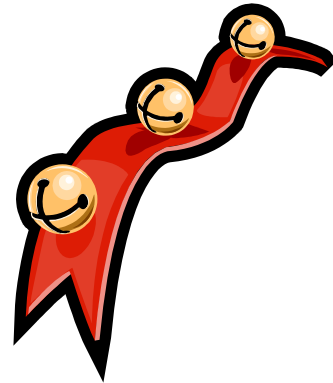
Come out and join us and have some fun.

**Pre Registration** can be done on line for this event.



### Run & Walk Clinic

The Run & Walk Clinic has now come to an end. Special Thanks go out to our Board Member Dan Allaire for all his hard work!  
Way to go Dan!



### **Just a Reminder!!!**

Remember Our Final Event for the Season is the **Jingle Bell Run** at Ken Knapp Ford in Essex on November 16, 2008