

THE STARTING LINE

JULY 2008

Happy



WALKERS AND RUNNERS AROUND THE COUNTY OF ESSEX

Info 519-979- 5852

Or Log on to www.wracc.org

Email admin@wracc.org

2008 Board Members

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2008 Membership Applications are available
on the WEB

W.R.A.C.E. invites you to Run and Walk
for Charities

We have Four Events Left for the
2008 Season

1. Sun. August 17th Kinetic Konection
Hawk Run 9:00 A.M. Holiday Beach
Conservation Area. Proceeds: Essex
Region Conservation Foundation.
2. Sun. Sept. 1st John Smith Memorial 5
& 10K 9:00 AM. Fire Station #1
Goyeau Proceeds: John Smith
Memorial Burn Unit.
3. Sun. October 26th 5 & 10 K
9:00 A.M. Riverfront Civic Terrace
(Double Points) Proceeds:
W.R.A.C.E. Bursary Run.
4. Sun. November 16th Jingle Bell 5 &
10K Run 9:00 AM. Ken Knapp Ford
Essex Proceeds: Community Living
Essex County.

Discounts at WRACE events and retail
stores. Tortoise and Hare and Running
Factory.



WRACE Newsletter mailed to your home.
Help keep WRACE alive and active.
www.wracc.org

Run & Walk Clinic Information:
Email Dan Allaire – dan@wracc.org

Happy Birthday to all Members who
celebrated a birthday in

July	Aug.	Sept.
James Sparrow	Chet Gibula	AL Nelman
Fred Crew	Jane Zbinden	Colin Barret
Chris Fuerth	Mark Gauthier	Kurt Makowski
Roger Caille	Cathy Pare	Ron Jefrey
Rose Hatt	Nancy Chapman	Laura Gavin
Nancy Mayville	Vickie Wenzler	Linda Bourdeau
Rosemarie Caille	David Sippala	Len Fuerth
Lynn Diemer	Sue Williams	Lou Mullins
Mary Brannagan	Bob Fairhurst	Angelo Ligori
Mauro Pozzuoli	Jonathan Ruch	Maira Gourlay
Bonnie Moore	Kellen Baldock	Tom Omstead
Terry Connel		Carolyn Sippala
Christine Bailey		David McGinty
Angelaq Fontana		Sue Brard-Pozzuoli
Holly Mayhew		Tracey Rizea
		Rachelle Leonard
		Mauro jr Pozzuoli
		Marco Pozzuoli
		Marissa Augerman



Comments and Suggestions are always!
Welcome

Please feel free to forward any Ideas and
Suggestions for our upcoming Newsletters the
“Starting Line” Newsletter.
Send your email to admin@wracc.org

Some very sad news Al Nelman one of our
Newest Board Members Lost his Dear Wife
Our Sincere Condolences are sent out to Al
and his Family

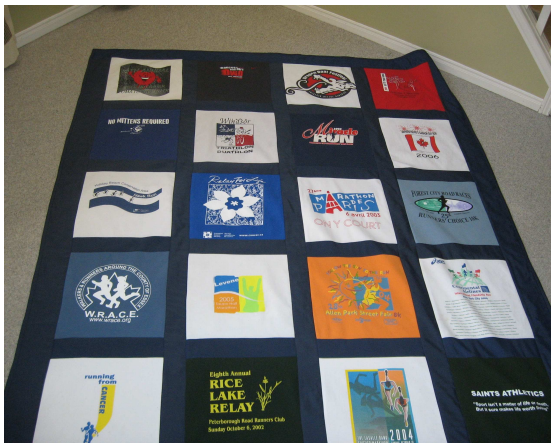
Just a Reminder to all WRACE Members,
and Friends.
The Next WRACE Event is:

Sun. August 17th Kinetic Konection Hawk
Run 9:00 A.M. Holiday Beach Conservation
Area. Proceeds: Essex Region Conservation
Foundation.



HOPE TO SEE YOU ALL THERE

T-Shirt Quilts



Why not have your collection of special t-shirts custom-made into a quilt?

Each quilt is as unique as its owner!

Prices include labour and all materials (except for your shirts). Quilt batting and quilt backing/ sashing fabrics are 100% cotton (sashing is the coloured strip of fabric between quilt squares). You can choose your fabric and quilt layout, or you can leave it to me.

9-square wall hanging

\$150.00

12-square twin-sized quilt

\$200.00

20-square double-sized quilt

\$250.00

25-square queen-sized quilt

\$300.00

Custom sizes available – contact me for a price.

Cindy Sinasac
(519) 736-2209
csinasac@cogeco.ca

